

Horse Riding on the beach



Whilst each beach has their own rules to follow here are some simple guidelines when exploring

- **Please always check tide times before planning your ride.** Whilst each tide is a different level we do get on occasion high tides that will cover the complete beach. We recommend being off the beach 2 hours before high tide or arriving to ride 2 hours after high tide.
- **Be visible.** Although this doesn't apply to all beaches Holkham estate ask that when riding across their land you wear a high viz.
- **Stick to the main routes.** The route for horses is signposted from the car park through the tress on to the beach guiding you past any areas that are not accessible to horses.
- Do not ride on the sand dunes, pine trees or any area fenced for conservation.
- Check the ground before setting off speed. The best feeling in the world is cantering along the beach with miles of sand ahead but just be mindful the sand depth changes quickly so walk a route first and check if the sand is hard enough.

For further information from Holkham estate themselves please find the link to their website.

<https://www.holkham.co.uk/visit/activities/horse-riding/>

Here is a helpful article from BHS on riding on the beach

<https://www.bhs.org.uk/go-riding-and-learn/riding-out-hacking/how-to-plan-a-ride/riding-on-beaches/>